



Looking back to look forward.

## National School of Occupational Health online seminar 12<sup>th</sup> May 2023

Time	Room	Speaker	Торіс
	Main Room	Introduction	
9.30 - 9.45		Dr Ali Hashtroudi Head of NSOH	Introduction
9.45 to 9.55	66	Minister Pursglove recorded video	Post Pandemic
	Room 1	Health & Wellbeing	
10 to 10.40	"	Jenny Rogers	Health Coaching
10.45 to 11.25	"	Claire Hill Occupational Health and Wellbeing Lead Morecombe Hospitals Trust	Wellbeing in the NHS post- Covid
11.30 to 12.10	66	Dr Steve lley <i>Jaguar Land Rover</i> , winner SOM Innovation award	HEKA wellbeing centre
12.10 to 12.25	56	Questions to the panel	
	Room 2	Sleep and fatigue	
10 to 10.40	66	Wing Commander Ian Mollan Royal Air Force	Fatigue assessment and management
10.45 to 11.25	66	Speaker TBC HSE	The changing world of sleep
11.30 to 12.10	66	Dr Nicholas Meyer Consultant in Psychiatry & Sleep Medicine, Royal London Hospital for Integrated Medicine	Insomnia
12.10 to 12.25		Questions to the panel	
12.30 to 13.15	Main Room Lunch & SOM networking session with Sh		hriti Pattani and Nick Pahl
	Main Room	The multidisciplinary team in OH	
13.20 – 14.00	66	Dr Vaughn Parsons and Dr Adam Turner	Multidisciplinary team research project & Growing OH
		NHS Growing OH	
14.05 – 14.45	66	Dr John Harrison & Mandy Murphy (past Head and deputy head of NSOH)	Multi professionals shared education
14.50 to 15.30	66	Christina Butterworth FOHN Chair	Leading the Multidisciplinary team as a subject matter expert
15.30 to 15.45		Questions to the Panel	
15.45 – 16.00	"	Dr Jonathan Corne PG Dean HEE	Close